

## A Case of Polycystic Ovaries

A girl of 21 years. She is very studious and she sings well.

Her father has a very bad temper and even hits her with belts.

( I got this information from her friend )

D What is your issue?

P PCOD. Delayed and painful periods. I get periods once in four months too. They are delayed to that extent.

D Pls tell me something about you.

P- ( She smiles and has tears )

There are constant quarrels between my parents.

Although now they have reduced.

It's maybe like we are beneath our father.

I feel very small. ( HG )

I have a lot of self respect everywhere.

I study a lot since childhood.

I am planning for my Masters so that I can do a job and earn.

I don't want to be treated like my mom

I don't like the way my mom is treated.

May be because she does not have a fall back system.

I thought why doesn't my mom have it

She never stands up for herself

She didn't have the option at first

Her parents were not there

D- How does it feel when parents are not there?

P- The parents give you the support  
They're like home  
I mean for everything  
Its not like you're married so everything's gone  
My Grandmother had asthma  
She was in hospital most of the time  
My grandad retired. There was no back up  
They were struggling of their own thing  
I get irritable at small things.  
Everything affects.

D- What is the experience of being dependent or needing support?

P- I don't need it . ( A spontaneous denial)  
My mom does                      For everything  
Like survival  
Having a home, for everything

D- What does home give you?

P- Home & food  
To live we need it, essential, we need support

D- What are your fears?

P- Heights maybe? and  
(Laughs)  
Mom is saying lizard but im not  
Disgusted by insects- lizards, not insects. ( Spontaneous Denial )  
I am the only person can kill them..shoo them away.  
I am disgusted by cockroach

D- How do you look at a cockroach?

P- (Laughs) Its disgusting if its roaming around the house

Mom and sister are afraid

So i shoo them

P- Disgusting, filthy

Lives in filthy places

Roams around

Even if we kill it.. it lives

Something like palat jaye toh b jeeta hai ..Even when it is turned upside down it lies.

It doesn't give up

I don't like..its the nature of how its made

D- What is this quality of not giving up?

P- Its there.Its is very resilient.

It doesn't want to die

I don't relate to cockroach

D- Any other fear?

P- To be left alone

Even in friends circle

D- What is the experience of it?

P- School in high school

Very great friends

Its not there anymore

When we stopped talking

I put in a lot of efforts to build the friendship and all of it went in vain

D- Why did you put in so many efforts

P- We were friends for a long time  
Its not like a sauda ( deal ). You have to be there  
for each other, come what may.  
They had some misunderstandings  
They didn't clear  
I tried to explain  
They said we'll reconcile  
But they didn't  
I felt betrayed  
So many years of friendship and they didn't give a  
chance

D- What are your hobbies-

P- Singing, dancing, sometimes acting ( not  
professionally , like nukkad natak )

D- What movies do you like to watch

P- All kinds except horror  
I can't watch horror movies  
I like biographies.

D- Which?

P- Ms dhoni

D- What did you like about him

P- His career path  
He was v flaky and at that time he didn't have a  
career  
He wanted to pursue cricket but couldn't  
One day he just gave up  
And followed his dream  
He could've chosen to have a stable path but he  
gave up

He is a risk-taker  
Courageous  
V hardworking

D- Horror movies, how do they affect you?

P- I don't like them— i cant watch them

D- Fear of darkness or of being alone?

P- No not darkness

In childhood

A little but not much. I used to shiver on childhood

D- When do you shiver?

P- Once, when out of a swimming pool- cold water

D- Do you like swimming?

P- No, i can't

I just don't like

I can go into the pool, but i don't like swimming

D- Any dreams?

P- Sometimes i see my family, friends, working in a corporation- twice

Work outfit

Shirt- pencil skirt

Normal work space

Working there- giving commands

Subordinates- I don't remember but 4-5 i think?

D- Something peculiar?

P- Normal office clothes

D- What is the opposite of giving commands?

P- I like to be the leader

D- What is the experience of being on the other end?

P- Im happy to, i like to be the leader, but okay, I'm fine w it

D- Anything else?

P- Last month, very indecisive mind about career

Just finished graduation

I cleared - i had 2-3 options

Job, internship ..

D- Is indecisiveness your pattern?

P- Yes, but Mainly because of lockdown

Follow up (1). After a week

I feel calmness.

I feel free

I don't have to care anymore

I don't feel that irritated in small things

Observation - Her face looked fresh.No swelling - no more bulkiness

Her puffiness was reduced.

Follow up 2. After month

Swelling increased

No pain during menses

Menses in 30 days

Only anger issues-  
because started to express.

Now she has started expressing her anger.  
Because she says I have started feeling confident.  
I tell my parents ,this is not the way I would like to be treated.

Increased self worth.

I just express my anger and I am back to my happy place.

I am happier.

I feel light now a days.

No baggage.

I feel there is no need to be rigid.

I can be as I want to be.

I can be flexible.

The rigidity is loosening.I am free

D Experience of freedom?

I am happy

Dose repeated.

Follow up 1 month later

Happy and Confident

Menses normal and painless

Follow 3 months

Menses Normal

Much more confident

Can cope up better at new office

Initially has issues managing trifles

Now much better

Follow up 6 Months

Happy and Confident  
USG done.— Normal

Remedy Given **Blatta Orientalis**

*ANALYSIS*

**ANIMAL KINGDOM**

ME / YOU

VICTIM / PERPETUATOR

SMALL/ BIG

ISSUES OF SURVIVAL

**INVERTEBRATE**

SHIVERING

TRIFLES AFFECT

ISSUES OF SURVIVAL



FEELS VULNERABLE

BEING SMALL

**INSECTA**

BASIC NEEDS

BUSY

INDUSTRIOUS

REMEDY Blatta Orientalis 1 M

PEM Understanding

Invertebrate No Structure

Infancy and Childhood

**Mind; irritability; criticism, from the smallest:** blatta cadm  
dros med sapph staph.

**Mind; respect; desires:** alum-s argo beryl-n blatta calc-i  
culx culx-p dysp electr *eryth* gado-n HAFN HAM lant-c  
morpho-m musc-d oxyg pass-d polyst pop-x-c sam-c sam-o  
scan scorp thul-m thul-o tritic-v *uran* xeno.

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